



**Curriculum-based Learning Themes Supported by  
“Rudolph the Red-Nosed Reindeer™” at the Center for Puppetry Arts**

**PRESCHOOL:** Developing a sense of self (recognizes self as a unique individual; identifies personal characteristics, preferences, thoughts and feelings; engages in self-expression, distinguishes between positive and negative emotions). Self-regulation (regulates own emotions and behaviors with adult support when needed, shows emerging empathy and understanding).

**KINDERGARTEN:** Discuss ways to express feelings in a healthy way. Describe how to express emotions in healthy ways.

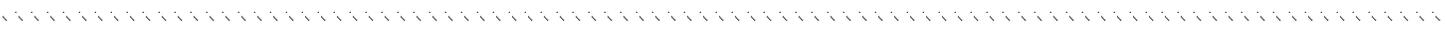
**FIRST GRADE:** First grade students will understand their personal feelings as the basis for strengthening their relationships and avoiding conflicts.

**SECOND GRADE:** Explain the relationship between feelings and behaviors. Describe the difference between behaviors that enhance your physical and mental health. Demonstrate healthy ways to express needs, wants, and feelings. Demonstrate how to express feelings to prevent conflict from starting. Demonstrate empathy for others.

**THIRD GRADE:** Give examples of intellectual, physical, emotional, and social health. Describe the impact of stress on multiple dimensions of health. List behaviors that contribute to intellectual, physical, emotional, and social health. Describe methods of handling teasing and harassment. Describe how active listening is important to be a positive friend and family member. Demonstrate listening skills as a way to show caring and respect.

**FOURTH GRADE:** Describe how to express feelings to prevent conflict from starting or escalating. Demonstrate skills that communicate care, consideration, and respect of self and others, including those with disabilities. Identify special qualities in self and others. Demonstrate everyday decisions that contribute to being a good friend.

**FIFTH GRADE:** Discuss why it is important to talk to a parent, counselor or other medical professional when consistently feeling sad, anxious or depressed. Demonstrate effective friendship/pro-social communication skills to build and maintain relationships.



## **Grades pre and preK: Georgia Early Learning and Development Standards**

Social and Emotional Development: <http://gelds.dec.state.ga.us/Search.aspx>

- Developing a Sense of Self (self-awareness and self-expression)
- Developing a Sense of Self with Other (relationships and social skills with peers)

## **Grades K-5: Georgia Performance Standards for Health Education**

[https://www.georgiastandards.org/standards/GPS%20Support%20Docs/Health\\_Education\\_2-11-2010.pdf](https://www.georgiastandards.org/standards/GPS%20Support%20Docs/Health_Education_2-11-2010.pdf)

- Standard 4: Students will demonstrate the ability to use interpersonal communication skills to enhance health and avoid or reduce health risks.
- Standard 8: Students will demonstrate the ability to advocate for personal, family, and community health

*The Georgia Performance Standards for Health Education are based on the eight National Health Education Standards, copyright 2007, developed by the Joint Committee on National Health Education Standards.*

## QUESTIONS FOR THE RIDE HOME

- 1) *Rudolph the Red-Nosed Reindeer™* is performed using a variety of puppetry styles: body, blacklight, rod, and body. What specific examples of these puppetry styles did you see in today's show? Where else have you seen puppets, and what styles are they?
- 2) This puppet show takes place in a snowy North Pole. Snowflakes are an amazing example of the water cycle in action! Can you name the stages of the water cycle and apply it to snow? Can you see examples of the water cycle in the world around you, in your kitchen or on the playground, for example?
- 3) Hermey and Rudolph are different from others of their kind (Rudolph's nose is red, not black; Hermey's passion is dentistry, not toy making). How do you think they felt when they were laughed at and called names? Think of someone who is different from you. How can you support him/her/them and celebrate what makes that person unique?

*\*\*answer to #2: A snowflake forms when a drop of water (2 atoms of Hydrogen and 1 atom of Oxygen = H<sub>2</sub>O) falls from a full cloud (CONDENSATION into PRECIPITATION), attaches to a dust particle, freezes at 32 degrees Fahrenheit/0 degrees Celsius, and, as it heads toward the ground, crystallizes into a complex snowflake. After it lands (COLLECTION), and when it warms up by hitting the warmer ground or getting heated by the sun, the snowflake melts into water, evaporates (EVAPORATION), heads skyward, and the cycle begins again.*